



Soaring Eagle Kung Fu Class Schedule



Address: 291 N Northwest Hwy, Palatine, IL 60067

Website: www.soaringeaglekungfu.com

Email: info@soaringeaglekungfu.com

Phone: (847) 701-5588

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|--|-------------------------------------|--|---------------------------------------|---------------------------------------|---------------------------------------|
| 9:00 – 9:50am Youth (Intermediate / Advanced) ¹ | 9:00am – 12:00pm <i>Private Lessons</i> | | | | | |
| 10:00 – 10:50am Tai Chi | | | | | | |
| 11:00 – 11:50am Youth (Beginner) | | | | | | |
| | | | | | | 2:30 – 3:20pm Adult/Teen Kung |
| 4:00 – 4:50pm Chinese Kickboxing (San Da) | | | 4:00 – 4:50pm <i>Belt Level Test</i> | | 4:00 – 4:50pm Youth (Intermediate) | 3:30 – 4:20pm Youth (Intermediate) |
| 5:00 – 6:20pm Dragon Team | | 5:00 – 5:50pm Youth (Advanced) | 5:00 – 5:50pm Youth (Intermediate) | 5:00 – 5:50pm Youth (Beginner) | 5:00 – 5:50pm Youth (Advanced) | 4:30 – 5:20pm Youth (Advanced) |
| 6:30 – 7:50pm Leopard Team | | 6:00 – 6:50pm Youth (Beginner) | 6:00 – 6:50pm Youth (Advanced) | 6:00 – 6:50pm Youth (Intermediate) | 6:00 – 7:20pm Dragon Team | 5:30 – 6:50pm Tiger Team |
| | | 7:00 – 8:00pm Lion Team | 7:00 – 8:10pm Tiger Team | 7:00 – 8:10pm Leopard Team | 7:30 – 8:20pm Youth Self-defense | |
| | | 8:00 – 8:50pm Adult/Teen Kung Fu | 8:20 – 9:10pm Chinese Kickboxing (San Da) | 8:20 – 9:10pm Adult/Teen Kung Fu | 8:30 – 9:20pm Tai Chi | |
| | | 9:00 – 9:50pm Tai Chi | | | | |

Notes:

¹ **Youth Kung Fu (Intermediate)** class prerequisite: White Belt or Red Belt.

Youth Kung Fu (Advanced) class prerequisite: Orange Belt or above. (Refer to Soaring Eagle Kung Fu website for Belt Level qualifications)